

Nationale Zwemcompetitie deel 4
Alblasserdam, 8-3-2025

Programmanr. 26
8-3-25 - 13:40

Jongens, 400m vrije slag

Onder 14
Resultaten

rang	naam	vereniging		intijd		tijd		RT
1.	Wanja Chepenko	Acz		5:11.65	201102065	4:59.23		
	50m: 31.12	31.12	150m:		250m:	350m:		
	100m: 1:05.53	34.41	200m: 2:22.27		300m:	400m: 4:59.23		
2.	Sebas van Dam	Acz		5:24.05	201300127	5:22.36		
	50m: 36.28	36.28	150m:		250m:	350m:		
	100m: 1:18.36	42.08	200m: 2:41.66		300m:	400m: 5:22.36		
3.	Thijs van Arkel	Acz		5:26.11	201300539	5:22.66		
	50m: 36.29	36.29	150m:		250m:	350m:		
	100m: 1:17.51	41.22	200m: 2:40.93		300m:	400m: 5:22.66		
4.	Joes van Ingen	Acz		5:54.30	201201299	5:46.68		
	50m: 39.22	39.22	150m:		250m:	350m:		
	100m: 1:21.86	42.64	200m: 2:51.94		300m:	400m: 5:46.68		
5.	Ryan Ho	Acz		NT	201201553	5:57.34		
	50m: 39.79	39.79	150m:		250m:	350m:		
	100m: 1:25.21	45.42	200m: 2:56.49		300m:	400m: 5:57.34		
6.	Huib Sijsma	z.c De Schotejil		6:07.53	201100461	5:58.27		
	50m: 39.32	39.32	150m:		250m:	350m:		
	100m: 1:24.19	44.87	200m: 2:55.21		300m:	400m: 5:58.27		
7.	Jules Boerema	z.c De Schotejil		7:54.56	201300249	7:14.54		
	50m: 47.03	47.03	150m:		250m:	350m:		
	100m: 1:42.51	55.48	200m: 3:37.83		300m:	400m: 7:14.54		